

# ACTIVATORS SELF-ASSESSMENT



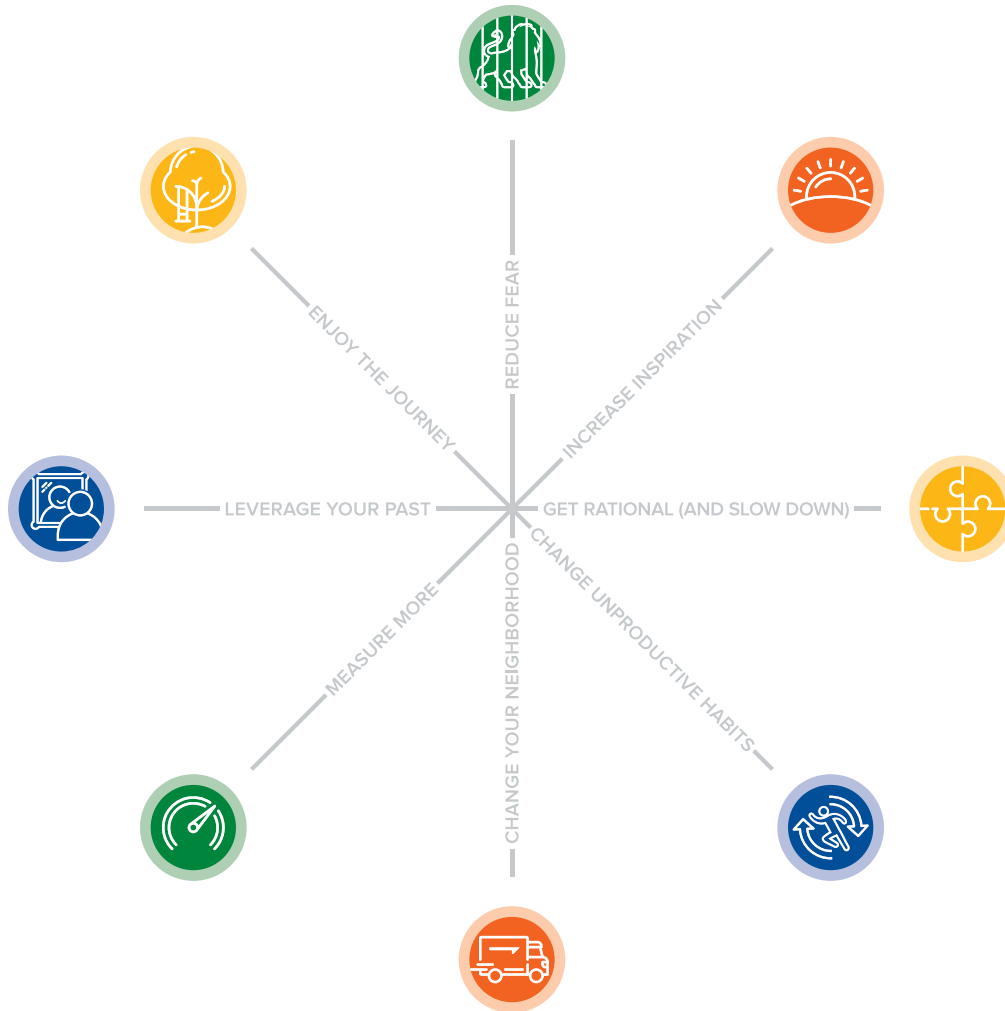
On a scale of 0 (low) to 10 (high), rate yourself on each of the following questions:

Activator	Rating
<b>1. REDUCE FEAR</b> How effective are you at quieting the voice in your head and reducing the impact of your fears?	
<b>2. INCREASE INSPIRATION</b> How good are you at being purpose-driven and using inspiration as a tool to motivate yourself and your team?	
<b>3. GET RATIONAL (AND SLOW DOWN)</b> How skilled are you at employing deliberate, rational thinking rather than a more rapid, emotionally-driven approach?	
<b>4. CHANGE UNPRODUCTIVE HABITS</b> How effective are you at identifying and permanently changing behavioral and thinking habits that don't serve you?	
<b>5. CHANGE YOUR NEIGHBORHOOD</b> How disciplined are you about upgrading the people — advisors, peer groups, mentors, etc. — surrounding you?	
<b>6. MEASURE MORE</b> How good are you at creating and tracking clear, highly visible metrics that reinforce progress toward your long-term aspirations?	
<b>7. LEVERAGE YOUR PAST</b> How effective are you at framing past experiences — even the bumps, bruises and most major setbacks — as positives to propel you forward?	
<b>8. ENJOY THE JOURNEY</b> How good are you at fully experiencing your life — with joy and spontaneity — in the present moment?	



## Wheel of Clear Thinking

Each spoke of the wheel below correlates to an Activator. Plot your self assessment rating for each Activator on its corresponding spoke, where a score of 10 is on the outside edge and a score of 0 is at the center. Then connect the dots to see the shape of your wheel. Notice where any dips or bumps occur.



What is the number-one Activator you need to Master?

Why?

